



Unstuck and On Target: Improving Executive Function, On-Task, and Flexible Behavior in Neurodiverse Youth Ages 8–22

Presented by: Lauren Kentworthy, PhD

Delivery method: On-Demand

Instruction level: Intermediate

Sponsored by NCS Pearson, Inc.

Course Description

This intermediate-level session will teach attendees about executive functions and why they are important for success in activities of daily living. Dr. Kenworthy will discuss how to recognize specific executive functioning challenges and identify appropriate supports to help neurodiverse students stay on task and manage common challenges within daily life. Attendees will leave with practical strategies that can be applied immediately.

Learner Outcomes

After completing this learning track, participants will be able to:

1. Describe at least three commonly observed executive functioning weaknesses in neurodivergent children
2. Apply specific techniques to support improvements in executive functioning at home or in school settings
3. Apply targeted scripts or vocabulary to facilitate the development of executive function skills in neurodivergent youth

Time-Ordered Agenda

10 minutes	Intro and definition of EF
15 minutes	Common EF difficulties seen in the classroom
10 minutes	Identifying key EF supports
15 minutes	Putting techniques into practice
10 minutes	Q&A

About the Presenter

Dr. Kenworthy is Tenured Professor of Neurology, Pediatrics, and Psychiatry at the George Washington University School of Medicine, and Chief of Neuropsychology and Director of the Center for Autism at Children’s National. She has authored over 120 peer-reviewed publications and is co-author of the Behavior Rating Inventory of Executive Function (BRIEF). Her recent publications have focused on the role of executive dysfunction in autism. She is author of *Unstuck and On Target*—a school-based executive function intervention for autistic children.

Disclosure

Financial: Dr. Kenworthy is a co-author of the BRIEF and receives royalties from the publisher. Dr. Kenworthy will be receiving an honorarium for her presentation.

Non-financial: There is no relevant non-financial relationship to disclose.

NCS Pearson, Inc., the sponsor of this learning track, develops and distributes assessments and intervention tools for speech-language pathologists, occupational therapists, and psychologists. This offering will include information that pertains to the effective and appropriate use and interpretation Behavior Rating Inventory of Executive Functioning (BRIEF).

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