



## Complexity of ADHD with Comorbid Disorders

Presented by: Thomas E. Brown, PhD

Date and time: Thursday, September 28, 2023

1:00 p.m. to 2:00 p.m. ET

Delivery method: Live webinar

Instructional level: Intermediate

Sponsored by: NCS Pearson, Inc.

### Course Description

ADHD is a prevalent disorder often found in children, adolescents, and adults. Increasingly ADHD has been recognized as essentially an impairment of the brain's executive functions. Research has demonstrated that for more than half of adolescents and adults with ADHD their functioning is complicated by one or more additional psychiatric disorders. This webinar will describe various types of comorbid disorders often associated with ADHD. It will also suggest ways psychologists can take comorbid disorders into account in assessment and treatment of patients with ADHD.

### Learner Outcomes

*After completing this activity, participants will be able to:*

1. Identify the variety of comorbid disorders often associated with ADHD
2. Recognize ways specific comorbid disorders can impact ADHD assessment and treatment
3. Describe ways to develop effective treatment of ADHD complicated by comorbidity

### Time-Ordered Agenda

60 minutes	Describe treatment modifications needed for various comorbid forms of ADHD
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### About the Presenter

Thomas E. Brown earned his PhD in Clinical Psychology at Yale University and then served on the clinical faculty of the Department of Psychiatry at Yale School of Medicine for 20 years while operating a clinic in Connecticut for children and adults with ADHD and related problems. Dr. Brown is a Clinical Professor of Psychiatry and Neuroscience at the University of California Riverside School of Medicine and has published 30 articles in professional journals and 7 books on ADHD.

### Disclosures

**Financial:** Thomas E. Brown, PhD is the author of the Brown Executive Function/Attention Scales™ and the Brown Attention-Deficit Disorder Scales™ and receives royalty payments on test materials.

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### References

Al-Asadi, Klein, B., & Meyer, D. (2015). Multiple comorbidities of 21 psychological disorders and relationships with psychosocial variables: A study of the online assessment and diagnostic system within a web-based population. *Journal of Medical Internet Research*, 17(2), e55–e55.  
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