Professionals in every industry are facing new challenges at every turn, and with burnout at an all-time high, we wanted to get a temperature on the mental health of our customers. We received 817 responses from our April 2022 survey across the education and healthcare fields we serve and gained some valuable insights into how their mental health is faring.

817 survey respondents across education and healthcare

<table>
<thead>
<tr>
<th>Professional</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Psychologist</td>
<td>40%</td>
</tr>
<tr>
<td>Speech Language Pathologist</td>
<td>21%</td>
</tr>
<tr>
<td>Clinical Psychologist</td>
<td>16%</td>
</tr>
<tr>
<td>Occupational Therapist</td>
<td>6%</td>
</tr>
<tr>
<td>Neuropsychologist</td>
<td>4%</td>
</tr>
<tr>
<td>Other</td>
<td>13%</td>
</tr>
</tbody>
</table>

Current workplace of respondents:

- 70% school
- 19% private practice/group practice
- 4% hospital clinic
- 7% other
Survey participants were asked to rate their level of professional burnout on a scale of 1 to 10 with 1 being fully balanced and 10 being completely burnt out.

**Personal life:**
38% of respondents scored 7 or higher

**Professional life:**
70% of respondents scored 7 or higher

Survey participants were asked to rate their stress levels in their personal and professional lives on a scale of 1 (cool as a cucumber) to 10 (hot tamale).

**Personal life:**
38% of respondents scored 7 or higher

**Professional life:**
70% of respondents scored 7 or higher

Survey participants were asked to identify the leading cause of their professional burnout.

33.5% of survey respondents reported work/professional instability due to staffing and business management.
Survey participants were asked whether the pandemic has changed their career priorities, goals, or practices.

64% of survey respondents rated strongly agree or somewhat agree with this statement.

Survey participants were asked about the issues they most commonly discuss with their clients or students.

70% of respondents reported that the most common topic or concern they are discussing is anxiety.
Survey respondents were asked to identify what they rely on Pearson for.

- **Quality of Assessments**: 85%
- **Digital Resources**: 41%
- **Training/PD**: 29%
- **Mental Health**: 11.5%

Learn more about how Pearson can help at pearsonassessments.com/mentalhealth