

MBMD Online Independent Study

Presented by: Seth Grossman, PsyD, and Gloria Maccow, PhD

Delivery method: On demand

Instructional level: Intermediate

Sponsored by: NCS Pearson, Inc.

Course Description

This learning track, consisting of four modules, is approximately 3 hours long and is available for one year. This offering introduces the theoretical foundation and structure of the MBMD assessment, its basic interpretive sequence, and use of the assessment with bariatric and pain patient populations.

Learner Outcomes

After completing this learning track, the participants will be able to:

Program 1: Overview

1. Discuss the imperative role of personality in medical patient assessment
2. Recognize the importance of behavioral health testing
3. Describe the development of the Millon Behavioral Medicine Diagnostic (MBMD)
4. Explain the MBMD structure, sections, and scales

Program 2: Theory and Basic Interpretive Considerations

1. Explain Millon Evolutionary Theory
2. Apply the theory for deepening understanding of persons in MBMD assessment
3. Outline the basic interpretive sequence and considerations for MBMD assessment

Program 3: Integrative Interpretation and New Directions

1. Describe the purpose of the major domains of the MBMD
2. Explain the interactive nature of MBMD scales and sections for integrative assessment
3. List the new directions in MBMD assessment

Program 4: Pain Patient Reports

1. Describe the importance of psychosocial assessment for patients experiencing chronic pain
2. Compare raw score means on the MBMD for the general medical norm sample and the chronic pain sample
3. Discuss components of the Pain Patient Reports

Time-Ordered Agenda

40 minutes	Overview
62 minutes	Theory and Basic Interpretive Considerations
44 minutes	Integrative Interpretation and New Directions
23 minutes	Pain Patient Reports



About the Presenters

Seth Grossman, PsyD, is a licensed psychologist in the state of Florida. He is the founder and clinical director of the Center for Psychological Fitness in the Fort Lauderdale region, as well as a member of the clinical faculty at the Florida International University Herbert Wertheim College of Medicine. For nearly two decades, Dr. Grossman worked under the leadership of the world-renowned personality theorist, Dr. Theodore Millon, co-authoring several books, scientific articles, and personality tests with Dr. Millon. Dr. Grossman has also been a guest lecturer on personality and clinical assessment at universities and professional settings nationally and internationally. Most recently, Dr. Grossman co-authored the Millon Clinical Multiaxial Inventory-IV (MCMI-IV), the latest revision to Dr. Millon's widely used measure of adult psychopathology.

Gloria Maccow, PhD, is licensed as a Health Services Provider - Psychologist in North Carolina and has been a Pearson employee since 2006. She provides training on the administration, scoring, and interpretation of assessment instruments and consults with colleagues and customers about clinical assessments. Over the course of her career as an educator, psychologist, and clinician, Dr. Maccow has conducted research on assessment methods and instruments and early intervention. She is a member of the National Association of School Psychologists.

Disclosure

Financial:

Seth Grossman is the lead active author on the MCMI-IV and a co-author of the MBMD and receives royalties on the sales of test materials and scorings. He is also a paid consultant for the Millon Personality Group.

Gloria Maccow is employed by Pearson Clinical Assessment.

Non-financial disclosure:

There are no relevant non-financial relationships to disclose.

The Pearson Assessment Division, the sponsor of this learning track, develops and distributes assessments and intervention tools for speech-language pathologists, occupational therapists, and psychologists. This offering will address the appropriate use of the Million Behavioral Medicine Diagnostic (MBMD). No other assessments will be discussed during this presentation.

Earn 3.0 CE Credits



Pearson is approved by the American Psychological Association to sponsor continuing education for psychologists. Pearson maintains responsibility for this program and its content.



Assessment of Learning Outcomes

Continuing Education certificate requires 75% to pass the knowledge check questions.

Qualified Professional Enrollment | \$280 per person

Enrollment for qualified professionals includes one year of access to the 3-hour on-demand learning track. Attendees need to meet our [Level C qualifications](#).

Attendance Requirements

Pearson maintains responsibility for this program and its content. Full attendance is required to receive Continuing Education certificate—partial credit is not awarded. Participants must complete the on-demand learning track as well as complete the program assessment.

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CE Contact Information:

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Accommodation Requests

Pearson will make accommodations in accordance with the Americans with Disabilities Act (ADA). Closed captioning and voiceover are provided for on-demand offerings.

Complaint Resolution

If a registrant feels that the on-demand learning track was unsatisfactory for any reason, please email ClinicalTraining@pearson.com.

About Pearson

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