

## Test-Taking Strategies

### General Suggestions for Taking the MAT

The MAT involves general and academic knowledge and analytical skills acquired over years of study and learning, so cramming will not help much. Instead, familiarize yourself with the structure of the MAT by reviewing the content descriptions and sample items available in the [MAT Study Guide](#) on the MAT website.

Work quickly but carefully. Do not dwell on items that are unfamiliar or seem too difficult. Skip the items that are most difficult and return to them as time allows. Points are not deducted for incorrect responses. If you are not sure which answer choice is correct for an item, eliminate as many options as you can first. If you have doubts about an answer to an item, change your choice only if you have a valid reason.

When taking the test, be physically and mentally prepared—well rested, fed, and comfortably dressed.

### Specific Strategies for Solving MAT Analogies

To solve a MAT analogy, read each of the three given terms carefully. Next, identify the two given terms that are related and how they are related. Without looking at the answer options, think of a fourth term that would complete the analogy. Finally, examine the answer options, and select the option that most closely resembles your idea of a term that would complete the analogy.

Each MAT analogy is carefully structured so that there is only one valid and logical relationship that exists between each pair of terms.

For more detailed information about solving MAT analogies, and for examples of each type of analogy, go to the [MAT Study Guide](#) on the MAT website.

### Online Practice Tests

The [Practice Tests](#) available through the MAT website are designed to familiarize you with the types of items and the specific content areas that you will encounter on the MAT. Go to the website for more information about preparing for the MAT.