

16PF[®]

FIFTH EDITION

16PF[®] Fifth Edition
Sixteen Personality Factor[™] Fifth Edition
Karson Clinical Report
Samuel Karson, Ph.D. & Michael Karson, Ph.D.

Name: Sample Male
ID Number: 84421
Age: 35
Gender: Male
Date Assessed: 06/28/2005

Norm Group Combined-Gender



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[3.6 / 76 / 1.1.17]

INTRODUCTION

This confidential report is designed for use by appropriately qualified professionals. The presentation of information is compact and the language of the report is technical. It was not intended to be used for client feedback.

This report is based on the 16PF Questionnaire, which is a measure of normal personality. The report's narrative interprets the 16PF scales in light of issues relevant for counselors and clinicians. Normal personality traits can bring individuals to a clinician's office for several reasons, including a mismatch between the trait and the person's circumstances, or a mismatch or conflict between two normal traits within the individual. For most people, even if they have a diagnosable symptom, that problem unfolds in the context of their normal personality traits, and having an understanding of normal personality traits can thus facilitate treatment. This report should not be used to diagnose pathology, which requires pathology-oriented measures and/or psychodiagnostic interview, but it can be used to put pathology in context by examining the nonpathological traits of the individual.

The report is intended to be used in conjunction with professional judgment. The statements it contains should be viewed as hypotheses to be validated against other sources of data. Personality test data should be regarded with caution when the data are over one year old or after the occurrence of a major life event. In these instances, it is recommended that the client be retested. All information in this report should be treated confidentially and responsibly.

For additional information about the report and its contents, please refer to the "16PF® Fifth Edition Karson Clinical Report Manual," available through IPAT.

RESPONSE SET SCORES

The infrequency index was within expected limits, indicating that Mr. Male read the items carefully and understood what was required. Apparently, he did not present a particularly positive or negative impression of himself. Therefore, the information in this report is likely to be accurate.

EMOTIONAL ADJUSTMENT

In addition to his impracticality, Mr. Male exhibits slightly below average ego strength, affecting his ability to defer his needs when appropriate and to modulate the expression of his personality as the occasion demands. He may at times lack the psychological resources to compensate for his impracticality, so its relevance to the reason for referral should be considered carefully. The combination of factors that contribute to global emotional adjustment produces an unfavorable outlook for this individual. The predictable, steady identity definition, which allows others to know where they stand, may not be available. Self-esteem problems are suggested. Reality may be frustrating enough and disappointing enough that he does not always deal with it directly. Instead, he may seek ways to compensate for his low self-esteem by emotionally escaping from unpleasant prospects. No significant problems with tension are immediately apparent, although he does seem to be somewhat more driven

and anxious than the average person.

Obstacles to seeking help in psychotherapy in an effective manner include a tendency to view the receptive role as too submissive. He may get into struggles with the therapist over the power differential and the hierarchy intrinsic to most therapies. The therapist may get further by building on Mr. Male's ideas than by offering ideas of his own.

INTERPERSONAL ISSUES

His assertiveness makes him a powerful figure in groups. He likes to stand up for his point of view in whatever circumstances he finds himself, especially when his conceptual skills give him a strong sense of what needs to be done. At times his force of will can seem controlling and domineering, while at other times he can seem confident and persuasive. His level of aggressiveness is apt to make him seem stubborn or angry at times, especially when he resents as intrusive anyone trying to take control over his own domain. He may have trouble making others feel listened to, or that their points of view are respected.

He is a somewhat cautious person who shies away from the spotlight and who finds it difficult to handle novel or confrontational social situations. Unsettling feelings of self-consciousness may also come to him when he is required to initiate social contacts or to manage conflict. His desire to control his environment and the flow of events around him may be limited to his own immediate sphere; at any rate, he would seem to lack the social boldness that usually accompanies the dominant role in a group.

Self-sufficiency is indicated to some degree. This is typically an asset, especially as in this case where it is not so pronounced as to signal problems with being a team player or excessive frustrations when required to collaborate with others. Still, he may not always be at his best in groups, because relating to others can seem to him an annoyance.

He appears to be about average on warmth and discretion. He shows about as much concern for others as the average person. In his interpersonal communications, he is neither forthright and clumsy nor especially discreet and private.

SELF-CONTROL

He has little inclination to follow rules, and thus may lack one of the major motivations for doing what others expect. Mr. Male is much less identified with rules than most people; thus, he is much more likely to live up to the standards of society if they happen to mesh with his own beliefs and interests. Some of the tasks of living, usually taken for granted, may become optional in his mind. His energy level seems to be about average, suggesting that this is not a problem for him in general. One would not usually expect him to strike others as lacking in restraint, nor as being overly somber and serious.

He is not a particularly organized or orderly person. He does not always bother with details, and he may be too susceptible to the influence of recent events. He may have a tendency to make decisions before all the facts are in. His relative paucity of good habits to fall back on when necessary can leave him

vulnerable to emotional distress.

COGNITION AND COMMUNICATION

He demonstrates superior abstract reasoning ability, with a capacity to understand complex ideas, to process complicated verbal material, and to grasp difficult concepts.

He is more sensitive and oriented toward emotions than most people. He likes to express his feelings rather than keeping them held in check. He may show a tendency to sacrifice other agendas in order to have things run smoothly on an emotional level. One may want to approach him tactfully, taking into account how thin-skinned he can be about unexpected criticism. He may prove more vulnerable to stress than his peers. He is an extremely imaginative, idea-oriented person who often generates solutions that go beyond the needs of the immediate situation. He acknowledges little interest in pragmatic consequences, especially when they are stacked up against an appealing theory. Too much of his potential may be wasted on daydreams, rather than being put to constructive use. He tends to ignore the exigencies of the stimulus situation confronting him. Consequently, attending to routine details is probably not his strong suit.

He reports being open to change to an unusual degree, actively seeking out novel experiences and new approaches. This implies flexibility, and does not necessarily mean he is ready to reject proven solutions just because they are not new. However, he may need to learn not to change course in some spheres just because it might be interesting to do so.

AREAS TO EXPLORE

Certain scores on selected scales typically bear exploration in the clinical dialogue. This profile yielded a single area to explore. One such score is not that unusual, but should still be investigated carefully before treatment planning and clinical decisions are finalized.

Impracticality (Factor M score = 10):

Very high scores on Factor M indicate a detachment from the mundane issues of life that is likely to interfere with the individual's competence and effectiveness.

Validity Scores

Index	Raw Score	
Impression Management	8	within expected range
Infrequency	0	within expected range
Acquiescence	63	within expected range
All response style indices are within expected ranges.		

Global Factors

Sten	Factor	Left Meaning	Low	Average	High	Right Meaning
			1 2 3 4	5 6 7	8 9 10	
4.6	Extraversion	Introversion		◆		Extraversion
6.4	Anxiety	Emotional Adjustment			◆	Anxiety
8.4	Independence	Accommodation			◆	Independence
1.0	Tough-Mindedness	Receptivity	◆			Tough-Mindedness
2.7	Self-Control	Impulsivity	◆			Self-Controlled

ITEM RESPONSES

1: 1	2: 3	3: 3	4: 1	5: 3	6: 1	7: 3	8: 3	9: 3	10: 1
11: 1	12: 1	13: 3	14: 1	15: 1	16: 1	17: 3	18: 3	19: 3	20: 3
21: 2	22: 1	23: 1	24: 3	25: 3	26: 3	27: 1	28: 1	29: 1	30: 1
31: 3	32: 3	33: 1	34: 1	35: 3	36: 1	37: 1	38: 3	39: 1	40: 2
41: 1	42: 1	43: 3	44: 1	45: 3	46: 3	47: 1	48: 3	49: 3	50: 1
51: 1	52: 3	53: 1	54: 3	55: 3	56: 3	57: 1	58: 3	59: 1	60: 3
61: 3	62: 1	63: 3	64: 3	65: 1	66: 1	67: 2	68: 3	69: 3	70: 1
71: 3	72: 1	73: 1	74: 1	75: 1	76: 1	77: 1	78: 3	79: 1	80: 3
81: 3	82: 1	83: 1	84: 1	85: 1	86: 3	87: 3	88: 1	89: 1	90: 1
91: 1	92: 1	93: 1	94: 3	95: 1	96: 1	97: 1	98: 1	99: 1	100: 1
101: 1	102: 3	103: 3	104: 1	105: 1	106: 3	107: 3	108: 1	109: 1	110: 1
111: 1	112: 3	113: 1	114: 2	115: 1	116: 3	117: 1	118: 1	119: 3	120: 1
121: 1	122: 1	123: 1	124: 3	125: 1	126: 1	127: 1	128: 1	129: 1	130: 1
131: 1	132: 1	133: 3	134: 1	135: 3	136: 1	137: 3	138: 3	139: 1	140: 3
141: 3	142: 1	143: 3	144: 3	145: 1	146: 3	147: 3	148: 1	149: 1	150: 1
151: 3	152: 3	153: 1	154: 1	155: 1	156: 3	157: 3	158: 1	159: 3	160: 1
161: 3	162: 1	163: 1	164: 1	165: 1	166: 1	167: 1	168: 3	169: 1	170: 3
171: 1	172: 3	173: 1	174: 1	175: 3	176: 1	177: 2	178: 3	179: 3	180: 3
181: 2	182: 2	183: 2	184: 2	185: 2	186: /	187: /	188: /	189: /	190: /
191: /	192: /	193: /	194: /	195: /	196: /	197: /	198: /	199: /	200: /
201: /	202: /	203: /	204: /	205: /	206: /	207: /	208: /	209: /	210: /
211: /									

NOTE: Items 186-211 are used for the Couple's Counseling Report only.

End of Report