

Case Description – Chronic Pain Program Interpretive Report

David B., a 47-year-old aviation mechanic, was evaluated when he was referred to a chronic pain treatment program for persistent low back pain. He reportedly has experienced back pain for the past year after hurting his back lifting jet engine parts. Although he initially missed no work, within a week of the incident he reported that he was incapable of standing or sitting without intense back pain. He was evaluated by the company physician at that time; his x-rays and back scans revealed no major problems.

Mr. B. graduated from high school and attended a two-year technical college. He spent six years in the air force as a jet engine mechanic. Upon discharge, he began working as a mechanic for a major airline. His 22-year marriage ended in divorce two years ago. He has two teenage children who live with their mother.