

Case Description – Outpatient Mental Health Interpretive Report

William S., age 32, was administered the MMPI-2 at an outpatient mental health clinic as part of an evaluation for marital counseling. He had reluctantly agreed to participate in marital therapy at his wife's insistence after she threatened him with divorce.

Mr. S. graduated from college and obtained an MBA degree in marketing from the University of Chicago. He is married (though currently separated) and has two children, ages 4 and 6. His wife is a successful patent attorney. He was a mid-level executive for a major retail firm for eight years. He was recently terminated from his position following a series of disagreements with several executives at work, including major conflicts with a vice president of the company. Mr. S. has been unemployed for the past six months and is currently having difficulty finding suitable employment.

In addition to his work-related problems, Mr. S. has been experiencing a great deal of marital conflict over the past year. He had been having an extramarital affair with one of his wife's close friends for several months. His wife recently learned of the affair from a mutual friend and left him. Her returning to the marriage was made contingent upon his entering marital counseling—a situation to which he has been highly resistant in the past when they have had problems.