



OASES™

Overall Assessment of the Speaker's Experience of Stuttering
Interpretive Report

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Name:	Sample Report
ID Number:	12345
Age:	50
Gender:	Male
Date Assessed:	11/08/2007

PEARSON

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DEMOGRAPHIC INFORMATION OF THE SPEAKER

This individual was asked a series of demographic questions. The questions and answers are listed below. (If an individual answered "no" to any of these questions, related items were not presented.)

Are you married or do you have a significant other? Yes

Do you have children? Yes

Are you currently employed or have you been employed in the past three months? Yes

Have you ever received speech therapy? Yes

Are you currently receiving speech therapy? No

What was the approximate date of your most recent speech therapy? 10/15/2003

INTRODUCTION TO IMPACT RATINGS

Impact ratings indicate the extent to which various aspects of the stuttering disorder affect the speaker's life. Impact scores range from 1 to 5 and can be used to determine impact ratings, which are labeled as follows: mild, mild-to-moderate, moderate, moderate-to-severe, and severe. The table below shows the impact ratings for this individual for the four sections of the OASES instrument, as well as the overall test.

IMPACT SCORES AND RATINGS

Scale	Raw Score	Items Answered	Impact Score	Impact Rating
General Information	73	20	3.65	Moderate-to-Severe
Reactions to Stuttering	95	30	3.17	Moderate-to-Severe
Communication in Daily Situations	73	25	2.92	Moderate
Quality of Life	68	25	2.72	Moderate
Overall Impact	309	100	3.09	Moderate-to-Severe

IMPACT RATING SUMMARY

Results show that, overall, stuttering has a moderate-to-severe impact on this individual's life. The greatest area of difficulty he experiences is in the area of General Information. Based on the impact ratings for each section of the OASES test, the following general attributes can be inferred about how the stuttering disorder affects this individual's daily life.

This individual views himself as being unable to speak fluently or communicate easily in most speaking situations. He exhibits significant physical tension and struggle during stuttered and fluent speech, which often interferes with communication and prevents him from saying what he wants to say. He also

exhibits strong negative affective and cognitive reactions and is very concerned about the reactions of others. Therefore, he avoids many speaking situations and often changes words to hide stuttering. He experiences significant limitations in the ability to communicate effectively in a wide variety of situations and often has difficulty getting his point across. He is very likely to take stuttering into account when deciding whether to take part in daily activities and when making life decisions. Overall, he has significant difficulty functioning and is very concerned about how stuttering interferes with his life goals.

This individual views his speech as disfluent and unnatural-sounding in many situations. He is generally unable to maintain fluency from day to day and to use techniques learned in therapy, so he has considerable difficulty saying what he wants to say. He has little knowledge about factors that affect stuttering and fluency or about treatment options and self-help groups. He has difficulty accepting stuttering and has negative attitudes toward speaking and stuttering.

This individual experiences negative emotional reactions to stuttering, including shame, helplessness, and feelings of depression. He regularly exhibits physical tension and struggle during stuttered or fluent speech, avoids many words and speaking situations, or uses fillers or starter words. He has little confidence in his speaking abilities and does not think he can make changes in his speech. He does not accept stuttering and feels that many aspects of his life have been limited by stuttering.

This individual has difficulty communicating in many situations at work, at home, and in social settings, although there are some specific situations in which he is able to communicate easily. He experiences difficulty initiating conversations and talking with unfamiliar people. At work, he has difficulty with oral presentations and meetings. In social situations, he has difficulty with small talk, participating in conversations, and ordering in a restaurant. His difficulties at home may include using the phone and taking part in family discussions. He may be able to overcome his speaking difficulties in all of these situations but only with significant effort. He is sometimes unable to say what he wants to say.

This individual experiences negative impact on certain aspects of his life, including reduced satisfaction with communication in many situations, difficulty pursuing educational or career goals, and some limitation in the ability to pursue life goals and participate in events.

TREATMENT STRATEGIES

Speakers may benefit from treatments of different types, which can be generally indicated by the OASES instrument. The following are suggestions of broader styles of applicable therapy that may be considered in an overall treatment protocol for this individual.

Because this individual's scores indicate a higher negative impact in the General Information section, he is likely to benefit most when his overall treatment plan includes strategies aimed at enhancing fluency, improving speech naturalness, and providing general information and education about stuttering.

A higher negative impact rating in the Reactions to Stuttering section indicates that this individual is likely to benefit most when his overall treatment plan includes strategies aimed at desensitizing him to

stuttering (to reduce negative reactions, avoidance) and helping him to accept stuttering (to reduce negative self-concept). In addition, this individual may benefit from tension-reduction strategies, such as cancellation or pull-out, to enable him to communicate with less physical tension.

This individual received a moderate impact rating in the Communication in Daily Situations section, indicating that he may benefit when his overall treatment plan includes strategies aimed at reducing avoidance, improving his ability to approach difficult situations, desensitizing him to fears of specific activities, and, of course, enhancing fluency.

Scores in the Quality of Life section indicate that this individual experiences a moderate negative impact in this area. Therefore, he may benefit when his overall treatment plan includes strategies aimed at reducing the burden of stuttering. Cognitive restructuring activities, desensitization strategies, and counseling aimed at improving acceptance of stuttering can help to reduce the overall burden of the stuttering disorder on his life.

End of Report

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ITEM RESPONSES

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