

MCMI®-IV Scales

The MCMI®-IV overtly conceptualizes personality patterns on a new continuum, or spectrum, ranging from adaptive to maladaptive levels of functioning. The MCMI-IV personality patterns, or scale spectrums, capture the patient's broad range of personality by way of three levels of personality functioning:

- Normal Style: Generally adaptive personality patterns
- Abnormal Traits/Type: Moderately maladaptive personality attributes
- Clinical Disorder: Likelihood of greater personality dysfunction

For example: The **CENarc** spectrum

Normal Style: **Confident**

Abnormal Traits/Style: **Egotistic**

Clinical Disorder: **Narcissistic**

Introducing: Turbulent Scales

The Turbulent scale on the MCMI-IV provides clinicians with a deeper understanding of adult patients experiencing abnormal personality traits, such as a lost sense of reality or unwavering optimism. "Turbulent" refers to the more severe (disorder) end of the personality functioning spectrum.

Dr. Millon conceptualized the Ebullient–Exuberant–Turbulent personality pattern as typically energetic and buoyant in manner and prone to vigorous pursuits of happiness.

The high energy and generally positive attitude of moderated variants of this pattern can show considerable characterologic strengths. Patients with less integrated variations of this pattern may be prone to scatteredness, overstimulation, overanimation, and an inability to maintain balance within their environment which can adversely affect their relationships with others.

15 Personality Disorder Scales

Clinical Personality Patterns

- 1 Schizoid (AASchd)
- 2A Avoidant (SRAvoid)
- 2B Melancholic (DFMelan)
- 3 Dependent (DADepn)
- 4A Histrionic (SPHistr)
- 4B Turbulent (EETurbu)
- 5 Narcissistic (CENarc)
- 6A Antisocial (ADAntis)
- 6B Sadistic (ADSadis)
- 7 Compulsive (RCComp)
- 8A Negativistic (DRNegat)
- 8B Masochistic (AAMasoc)

Severe Personality Pathology

- S Schizotypal (ESSchizoph)
- C Borderline (UBCycloph)
- P Paranoid (MPParaph)

10 Clinical Syndrome Scales

Clinical Syndromes

- A Generalized Anxiety (GENanx)
- H Somatic Symptom (SOMsym)
- N Bipolar Spectrum (BIPspe)
- D Persistent Depression (PERdep)
- B Alcohol Use (ALCuse)
- T Drug Use (DRGuse)
- R Post-Traumatic Stress (P-Tstr)

Severe Clinical Syndromes

- SS Schizophrenic Spectrum (SCHspe)
- CC Major Depression (MAJdep)
- PP Delusional (DELdis)

Modifying Indices

X - Disclosure

Y - Desirability

Z - Debasement

Random Response Indicators

V - Invalidity

W - Inconsistency