



# M-PACI™

MILLON™ PRE-ADOLESCENT CLINICAL INVENTORY  
by Theodore Millon, PhD, DSc, Robert Tringone, PhD, Carrie Millon, PhD, and Seth Grossman, PsyD



LITTLE KIDS.  
NOT SO LITTLE PROBLEMS.



# M-PACI™

## PINPOINTING PRE-TEEN PROBLEMS


Every child deserves to enjoy youth to the fullest. But for some young people, psychological problems can stand in the way—and these difficulties may take root long before the “troubled teens.” As a professional who works with children daily, you know first-hand the challenges some pre-teens face. And, we know the challenges you may face in pinpointing the source of pre-adolescent issues.

Now, there’s a comprehensive tool specifically designed to help you quickly and accurately identify psychological problems in children ages 9–12: the Millon™ Pre-Adolescent Clinical Inventory (M-PACI) test. This innovative instrument can help you determine when to arrange early intervention on difficulties that may prevent a child from realizing the full potential of the pre-teen years—difficulties that, if left undetected, can lead to bigger heartaches down the road.

## A SYNTHESIZED PERSPECTIVE

Unlike instruments that focus on a single clinical area such as anxiety or depression, the M-PACI test provides an integrated view of the child’s emerging personality styles and clinical syndromes, which can help reveal early signs of Axis I and Axis II disorders.

This insightful tool can help you:

- Identify emerging personality styles such as emotional instability, oppositional unruliness, and sensitive inhibitions.
  - Evaluate troubled pre-adolescents to confirm diagnostic hypotheses.
  - Arrange early intervention on problems that may keep students from making the most of pre-adolescence.
  - Develop an individualized treatment plan based on the test-taker’s responses.
  - Measure progress before, during and after treatment.
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## TAILORED FOR PRE-TEENS

Developed by Dr. Theodore Millon, a leader in the field of personality development, the M-PACI test addresses clinical issues most pertinent to the pre-adolescent population, including ADHD, depression, anxiety, conduct disorder, and reality distortions. This convenient, relevant tool:

- Uses age-appropriate language and requires minimal reading level.
- Contains fewer than 100 questions, taking only 15–20 minutes for the child to complete.
- Has been validated against expert clinician judgments and other leading self-report inventories for pre-teens.
- Uses up-to-date national norms based on a pre-adolescent population.

## USEFUL FOR MULTIPLE SETTINGS

This versatile tool is designed for use by psychologists, psychiatrists, school psychologists, counselors, juvenile justice professionals, and other mental health professionals in a variety of settings, including:

- Outpatient
- Inpatient
- Day treatment
- Residential treatment

**“I am very pleased with the M-PACI for assessing the personality and emotional needs of young children because it is easy to administer, reliable, and allows the child to ‘tell it like it is.’”**

ANTOINETTE S. CORDELL, PHD  
CLINICAL/DEVELOPMENTAL PSYCHOLOGIST

## SCALES

### Emerging Personality Patterns

1. Confident
2. Outgoing
3. Conforming
4. Submissive
5. Inhibited
6. Unruly
7. Unstable

### Current Clinical Signs

- A. Anxiety/Fears
- B. Attention Deficits
- C. Obsessions/Compulsions
- D. Conduct Problems
- E. Disruptive Behaviors
- F. Depressive Moods
- G. Reality Distortions

### Response Validity Indicators

- IV Invalidity  
RN Response Negativity

## NORMS

The normative population of the M-PACI test consists of 292 pre-adolescents, ages 9–12, from 53 sites from across the U.S. These sites included private practices, residential treatment facilities, public mental health centers and family guidance clinics, and other types of settings.

## ABOUT THE AUTHORS

**Theodore Millon, PhD, DSc**, is a leading personality and developmental theorist. Dr. Millon was the founding editor of the *Journal of Personality Disorders* and past president of the International Society for the Study of Personality Disorders. He has been a full professor at Harvard Medical School and the University of Miami. He is the principal author of the Millon Inventories, including the M-PACI, MCMI-III, MACI, MAPI, MBMD, and the MIPS *Revised* tests. Dr. Millon has also written or edited more than 30 books, including *Disorders of Personality: DSM-IV and Beyond*, *The Millon Inventories: Clinical and Personality Assessment*, and most recently, a three volume series, subtitled *A Personalized Psychotherapeutic Approach* (Wiley, 2007). He has contributed more than 200 chapters and articles to numerous books and journals in the field. With support from colleagues and Pearson Assessments, Dr. Millon established the Institute for Advanced Studies in Personology and Psychopathology in New York, where he serves as Dean.

**Robert Tringone, PhD**, received his doctorate at the University of Miami where he studied under Dr. Theodore Millon. Through their joint research ventures, Dr. Tringone served as a Personality Disorders Adviser to the DSM-IV Axis II Work Group. Since 1992, Dr. Tringone has been a Pearson-certified Workshop Leader, focusing on adolescent assessment with the MACI and integrating results from this instrument with several projective techniques. He is co-author of the M-PACI, a self-report instrument for 9-12 year olds, and has authored or co-authored numerous book chapters on the MACI and M-PACI tests. Dr. Tringone works at St. John's University in the Department of Wellness on the Queens, New York campus, and maintains a private practice for children, adolescents and adults. He serves as the Coordinator of Inventory Training for the Institute for the Advanced Studies in Personology and Psychopathology.

**Carrie Millon, PhD**, is Associate Dean of the Institute for Advanced Studies of Personology and Psychopathology and was instrumental in the conception, development, and validation of the MBMD assessment. She has co-authored several texts in the personality/psychopathology field and has written numerous articles and chapters in the mental and physical health area. Prior to joining the Institute, Dr. Millon was an assistant professor at the University of Miami School of Medicine, Department of Psychiatry and Behavioral Sciences, director of the University's Biopsychosocial Center for the Study of AIDS, and director of the University's EAP program. She also helped design behavioral programs as a clinician at the University of Miami's Pain and Rehabilitation Programs in its Department of Neurological Surgery.

**Seth Grossman, PsyD**, is a private practitioner and psychological consultant in South Florida, and a senior consultant for Dr. Millon's Institute for Advanced Studies of Personology and Psychopathology. He holds an appointment as a university psychologist and is an adjunct professor at Florida International University Counseling and Psychological Services and Psychology Department. He has worked extensively with nontraditional and multicultural families and has considerable experience in personality-based assessment and intervention. He has written with Dr. Millon in the areas of personality theory, assessment, clinical health psychology, and personalized intervention. Dr. Grossman's dissertation formed the basis of the Grossman Facet Scales for the MCMI-III and MACI tests.



The full selection of Millon™ Inventories is available from Pearson, including:

- MCMI-III™**  
(Millon Clinical Multiaxial Inventory-III)
- MACI™**  
(Millon Adolescent Clinical Inventory)
- MAPI™**  
(Millon Adolescent Personality Inventory)
- MBMD™**  
(Millon Behavioral Medicine Diagnostic)
- MIPS® Revised**  
(Millon Index of Personality Styles *Revised*)
- MCCI™**  
(Millon College Counseling Inventory)

### INFORMATION

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